

Cycle to School Week

25-29 Sep 2023

Organised by the Bikeability Trust and supported by Sustrans, Cycle to School Week is a fantastic opportunity to get pupils talking about cycling and its benefits.

Make a pledge – and win!

This year, we are asking pupils, parents, schools and teachers to make a cycling pledge. Simply **fill in the form**, choose your pledge, and be entered into the **prize draw** to win a brand new Frog children's bike! Pledges can be made from now until Friday 29 September.

Additional activity ideas, and **teacher's resources** (lesson plans, worksheets, PowerPoint presentations) for EYFS, KS1, KS2 & KS3 can be found on the **Sustrans** and **Bikeability** websites;
<https://www.bikeability.org.uk/cycletoschoolweek/>
<https://www.sustrans.org.uk/for-professionals/education/cycle-to-school-week-teacher-resources>.

Activity suggestions;

- **EYFS** - Share the street scene image with pupils and ask them to describe what they can see in the image or 'Bling/brighten your cycle/scooter' activity
- **KS1** - Design and write a letter to the Prime Minister to highlight the importance of cycling to school or the 'Cycling and the body' worksheet
- **KS2** - Use persuasive writing to write a letter to the Prime Minister or work in teams to build a campaign highlighting the importance of being able to cycle to school touching on the benefits for the environment & how cycling can be encouraged amongst pupils and staff
- **KS3** - 'Cycling to fight climate change' transport emissions exercise or 'Route planning my cycle journey' mapping exercise

