PSHE/ RSHE Vocabulary Progression

Торіс	EYFS Vocabulary	Year 1 Vocabulary	Year 2 Vocabulary	Year 3 Vocabulary	Year 4 Vocabulary	Year 5 Vocabulary	Year 6 Vocabulary
Feelings and Emotions	Sad Happy Worried, Scared, Excited Nervous Sharing Caring feelings	Recognising Loneliness Frustration Experience Jealousy	Fidgety Annoyed Worry Anger Manage Control Trust	Grief Confusion Memory box	Feelings Emotions Physical health Mental health Strategies	Displeasure Annoyance Hostility	Worry Anxious Troubled Positive action Prepare for change Mindfulness Strategies Managing emotions
Compute r Safety	Friends Kind hands Special Turn-taking Holding hands, Green signal Red signal Stop Go Look Listen Wait.	Online Positive Negative	Permission Opinion Rules Declaration	Chatroom Report Reply Respond Childline	Online relationship Online bullying Offensive Insulting Rude Device Posting False content Opinion Rumours	Application Survey Kind action Image sharing Illegal	Application Pretending Age restriction Online activity Social media sites Password
Keeping/ Staying Safe	Holding hands, Green signal Red signal Stop Go	Community Discuss Choice Pedestrian Zebra Crossing	Laces Buckle Velcro Accident Rules	PCSO Appliances Dangerous Chemicals Warning sign	Statement Opinion Fact Strategies Junction	Peer Pressure Encourage Risk Risk assessment	Danger Consequence s Water safety

	Look Listen Wait.	Pelican Crossing Puffin Crossing Toucan Crossing Avoid Situation Risk Safe Imaginary	Unsafe	Pressured Permission	Cycle safety	Support network	Water pollution Hidden currents Warning flags
Keeping/S taying Healthy	Washing Drying Germs Clean Dirty Hygiene Privacy Independence	Healthy Unhealthy Germs	Ingredients Energy Repair Vitamins Natural Saturated fat Decay	Medicine Allergies Vaccination Antibodies Research Immune System Doctor	Lifestyle Balanced diet Blood pressure Saturated fat Vital organs Mind map Food chart Carbohydrate s Protein Calorie	Nicotine Addictive Illegal Respiratory system Cardiovascul ar disease Cigarette E-cigarette Tobacco	Alcohol Ethanol Fermentation Unit Legal age limit Alcohol poisoning Extension Lesson Vocabulary Cannabis Illegal drugs Mental illness Criminal offence Substances
Module: Our World	Baby Myself Family Community Growing	Planet World Environment Humans Reproduce	Wildlife Community Credit Card Debit Card	Reduce Re-use Recycle Environment	Our working world module: Income tax VAT	Our Working World module: Enterprise Priority	Bank account Loan Tax Interest Debit card Credit card

	Religion Mum Dad Uncle Auntie Cousin Grandad Grandma Unique Talent	Protect Unique Common	Spend Receive Save	Carbon footprint Carbon dioxide Global warming	Contribution HM Revenue and Customs Society Chore Independence Self- motivation Apprenticeshi p Volunteer Stereotype	Fundraising	Wages Debt In-app purchases Budget Comparison Fairtrade Gambling
Hazard Watch	Safe Unsafe, Danger, Rules Monitor Responsibility	Potential Sibling Community Hazard Danger	Potential Sibling Community Hazard Danger	Potential Sibling Community Hazard Danger	A world without Judgement: Judgement Equality Diversity Cohesion Barrier Attributes Similarities Differences Disability Polite Courteous Respectful	A world without Judgement module: Inclusion Acceptance Discriminatio n Unique Anti-social Hate crime	A world without Judgement module: Democracy Rule of Law Individual Liberty Mutual Respect Tolerance of those with different faiths and beliefs Stereotype British values Cohesion Equal rights

Being Responsi ble	Behaviour Trying Difficult Challenge Success Achieve Independent Proud	Responsibility Responsible Accident Honesty Dishonest	Abilities Thoughtful Qualities Manners Courteous Appropriat ely Self- respect Improve	Borrowing Stealing Consequence Irresponsible Responsible	Punctual Responsible Irresponsible	Considerate Inconsiderate	Consent Possession Permission Trust Borrowing Stealing Responsible Irresponsible
Relations hips	Listen Respect Understand Helpful Kind Patient	Relationship Love Security Stability Disagree	Bullying Mean Describe Teasing Threatenin g Advice Imagine Anti- bullying	Communicate Situation Penis Testicles Vagina Vulva Anus Private parts Appropriate	Nervous Scared Inappropriate Connection Civil partnership Marriage	Growing and Changing module: Puberty Hormone Anonymous question Vagina Vulva Ovaries Fallopian tube Penis Testicles	Growing and Changing module: Conception Reproduction Consent Conceived Caesarean Foreskin Cervix Womb (uterus) Urethra Fertilised IVF